

40-DAY FAST

GUIDE

TOGETHER 

Together 40-Day Fast: Prepare Yourself

MAY 6 - JUNE 14

Together 40-Day Fast: **Prepare Yourself**

Before Joshua and the Israelites could enter the Promised Land, they first had to prepare themselves, “for tomorrow the Lord will do amazing things among you” (Joshua 3:5). We will pray and worship and exalt Jesus on July 16 on the National Mall in Washington D.C.—with hopeful expectation that God is preparing to do something amazing and historic in our lives, our generation, and our nation!

Joshua and the Israelites spent time “consecrating themselves” before God, which means they set themselves apart, confessed sin, and invited God to make them holy. We are inviting you to do the same for 40 days prior to July 16. We will launch our 40-day fast on May 6, the day after the National Day of Prayer, and go until June 14.

Praying and Fasting for Breakthrough

Throughout Scripture, fasting is a biblical way to humble yourself before God and seek His intervention. There are many instances when fasting, coupled with prayer, produced breakthrough in seemingly impossible situations!

We’re praying for breakthrough in our generation and nation on July 16. Will you take a step of faith and join us? We suggest a Daniel fast, which essentially means eliminating meat, dairy, and sweets from your diet—and incorporating instead fruits, vegetables, nuts, and legumes. Or you may choose to fast from some other type of food for the 40 days. A side benefit is that you will most likely feel better, just as Daniel did when he refused the rich foods of the king (Daniel 1:8-16). Ask the Lord to show you how you might join us in a corporate fast of preparation for July 16.

Daily Guide

This prayer guide is designed to help focus your prayer time on personal preparation, based on the many amazing things God did throughout the Book of Joshua. Take time each day to pray and seek the Lord. Join with your friends in a weekly time of corporate prayer, as well. Encourage each other by praying and fasting together.

Then let’s watch how the Lord answers our cries for Him to do amazing things through Together 2016!

Week One May 6-7: Be Strong and Courageous

| Read Joshua 1 |

After the Israelites wandered in the wilderness for 40 years, God appointed Joshua as their new leader as they prepared to enter the Promised Land. The Lord reminded Joshua to be strong and courageous regardless of the upcoming battles because their hope rested in the Lord alone. God also made it clear that they were to study His Word and be obedient to everything He told them to do.

"Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." - Joshua 1:7-9

Daily Prayers:

Day 1: Pray that God will prepare your heart to be strong and courageous in the days to come—especially as you anticipate Together 2016. Pray that your trust in God will grow, and that you will be obedient to all of His commands.

Day 2: Pray that during this time of preparation of your heart, God will stir a love for His Word in you—and that you will immerse yourself in His promises each day.

Prayer for the Week:

Lord Jesus, I want to be bold and courageous for You. Please stir within me a passion and love for Your Word, and a willingness to be obedient to whatever You show me. May I embrace truth, even if it means I stand in opposition to what the world says. I want people to see the love, compassion, strength, and integrity of Jesus lived out in my life. In Your name, amen.

Prayer Points for Together 2016:

Pray for a million or more people to come together on the Mall on July 16 to lift up Jesus, honor the Word of God, and be strong and courageous in willingness to stand for Jesus.

Week Two May 8-14:

Prepare Yourself for Amazing Things

| Read Joshua 3 |

Joshua sent men ahead into the Promised Land to scope it out. But before the rest of the people could enter, they needed to prepare themselves for a new day in their generation. He told them not only to consecrate themselves, but to also be sure to keep their eyes on the priests who carried the ark of the covenant ahead of them. “Then you will know which way to go, since you have never been this way before,” explained Joshua. Joshua then shared a promise with them—the Lord was going to do amazing things! Surely the people of Israel were eager to see how God was going to work on their behalf.

Joshua told the people, “Consecrate yourselves, for tomorrow the Lord will do amazing things among you.” - Joshua 3:5

Daily Prayers:

Day 1: Ask the Lord to show you how to “consecrate” or prepare yourself. Invite Him to bring to light your sin and ways you need to repent and return to the Lord.

Day 2: Pray that your heart will be sensitive to the Holy Spirit’s conviction as you continue to invite the consecration of your heart.

Day 3: Are there things in your life that need to be eliminated, things that keep you from experiencing the cleansing and holiness of God? Ask God to reveal areas that you need to consecrate before Him.

Day 4: Pray for the truth of God’s Word to come alive in your life and in your church.

Day 5: Pray for your church to be reset to Jesus through cleansing, healing, and restoring.

Day 6: Jesus changes everything. Invite Him to do amazing things in your generation!

Day 7: Our nation needs an awakening to Jesus. We are entering days that we’ve not navigated before, and we need to keep our eyes on Him. Pray for a Christ-awakening among the leaders and people of this country.

Prayer for the Week:

Lord Jesus, I confess that I take my eyes off You all too often. I wander and do things under my own power. Please reset my thoughts, my prayer life, and my vision to be entirely focused on You. I desperately need You, Jesus. I invite You to do a cleansing work in my life. I want to be fully consecrated and prepared to honor and glorify You when we come together on July 16. In Your name, amen.

Prayer Points for Together 2016:

Pray for every person who will be on the stage on July 16, whether they are leading worship, teaching from God’s Word, or directing in prayer. Pray that in these weeks before Together 2016, they will also be preparing and consecrating themselves to honor and glorify Jesus alone. Pray that we won’t see them as celebrities, but instead recognize them as Christ-followers who love Jesus.

Week Three May 15-21:

Remember God's Faithfulness

| Read Joshua 4 |

A new generation was about to cross over into the Promised Land. It must have felt surreal, knowing that the previous generation had wandered for 40 years in the wilderness. But now this generation was ready to experience the fulfillment of God's promise—and they were witnessing a miracle! The Jordan River, normally overflowing its banks, was stopped up at God's direction, allowing them to cross on dry land. God told Joshua to set up a memorial so they would remember that He is faithful and mighty. God is to be feared; He is the Lord. What are the memorials in your life—those spiritual markers that tell your story of God's greatness and faithful care on your journey? We need to remember and always be in awe of Him.

And Joshua set up at Gilgal the twelve stones they had taken out of the Jordan. He said to the Israelites, "In the future when your descendants ask their parents, 'What do these stones mean?' tell them, 'Israel crossed the Jordan on dry ground.' For the Lord your God dried up the Jordan before you until you had crossed over. The Lord your God did to the Jordan what he had done to the Red Sea when he dried it up before us until we had crossed over. He did this so that all the peoples of the earth might know that the hand of the Lord is powerful and so that you might always fear the Lord your God." - Joshua 4:20-24

Daily Prayers:

Day 1: Pray that the Holy Spirit will help you remember those times when God stepped in and did the miraculous. Take time to worship Him.

Day 2: Pray and praise God for His faithfulness in the past. Tell Him you believe He can be trusted with your future.

Day 3: Pray for opportunities to share your story with others—and make God great!

Day 4: Pray for new memorials to be raised up in your life as evidence of God's faithfulness.

Day 5: Pray for followers of Jesus to live as a people marked by the supernatural hand of God.

Day 6: Pray that the next generation will ask about these memorials and want to follow after God.

Day 7: Pray that our nation will see and know the mighty power of the Lord—and be reset to Him.

Prayer for the Week:

Father God, thank You for Your faithfulness in my life. You have done above and beyond what I ever thought possible. Give me boldness to tell others my story. I pray my life will demonstrate the miraculous as I learn to trust in You. I want others around me to see the greatness of the Lord. In Jesus' name, amen.

Prayer Points for Together 2016:

Pray that one generation will declare to the next generation the power of our God. Pray that as Jesus alone is magnified, a holy awe of Almighty God will fall on the gathering and surrounding community. Pray that this moment becomes a memorial stone in the hearts and lives of everyone attending Together.

Week Four May 22-28:

Spiritual Battles

| Read Joshua 6 |

The land was theirs to take, but the Israelites had to conquer the city of Jericho first. The gates were tightly shut and the wall was insurmountable. But the commander of the Lord's army had already guaranteed victory. With patient obedience, faith, and worship, a mighty shout brought the walls down. Like Joshua, we, too, have a war to fight. We are in a daily battle, facing seemingly insurmountable obstacles. But when we keep focused on Jesus through faith and obedience, the victory is ours.

Now the gates of Jericho were securely barred because of the Israelites. No one went out and no one came in. Then the Lord said to Joshua, "See, I have delivered Jericho into your hands, along with its king and its fighting men. March around the city once with all the armed men. Do this for six days. Have seven priests carry trumpets of rams' horns in front of the ark. On the seventh day, march around the city seven times, with the priests blowing the trumpets. When you hear them sound a long blast on the trumpets, have the whole army give a loud shout; then the wall of the city will collapse and the army will go up, everyone straight in."
- Joshua 6:1-5

Daily Prayers:

Day 1: Pray that you will be alert to the spiritual battle around you.

Day 2: Pray that the Holy Spirit will reveal personal strongholds that stand in the way of His purpose and your destiny. Ask the Lord to bring them down.

Day 3: Pray for faith to trust in God's plan and timing, even when it looks radically different from your own.

Day 4: Pray that you will not be silent when victory comes, but will instead tell others of God's mighty power.

Day 5: Pray that your church will join God's movement, be battle-ready, and experience a reset to Jesus.

Day 6: Pray for your generation to see God's hand leading and preparing your generation for spiritual victory.

Day 7: Pray that the walls erected against God in this nation will fall flat—and that we will experience Jesus' power to change everything.

Prayer for the Week:

Father, You are a great and mighty Warrior. Victory is always Yours. Thank You for equipping me with spiritual weapons to destroy spiritual strongholds. I resolve to keep my eyes on You with a heart of worship and patient endurance. Increase my faith to trust in Your ways. I give You praise and glory with shouts of joy. In Jesus' name, amen.

Prayer Points for Together 2016:

Pray that spiritual battles will be won on behalf of a generation and our nation. Pray that everything that is in opposition to God and His Word will be torn down as we worship and pray together on the Mall. We know spiritual enemies will attempt to disrupt or harass us, but pray that we will see dramatic victories!

Week Five May 29-June 4: Repent and Be Holy

| Read Joshua 7 |

Israel was victorious. They conquered Jericho and then moved confidently on to the city of Ai. But much to their shock, they were soundly defeated. Joshua fell facedown before the Lord, questioning why He wasn't present with them in this battle. God told Joshua to get up—and then He exposed sin in Israel's camp. Though one man alone had sinned, its effect touched the entire nation. Once it was dealt with, they were able to move ahead in victory over Ai. We may experience spiritual victory in our personal lives or ministry and feel certain of God's favor. But we may be unaware of how vulnerable we are to attack and defeat. Sin does not mix with holiness. To be victorious, we must deal with sin.

The Lord said to Joshua, "Stand up! What are you doing down on your face? Israel has sinned; they have violated my covenant, which I commanded them to keep. They have taken some of the devoted things; they have stolen, they have lied, they have put them with their own possessions. That is why the Israelites cannot stand against their enemies; they turn their backs and run because they have been made liable to destruction. I will not be with you anymore unless you destroy whatever among you is devoted to destruction. Go, consecrate the people. Tell them, 'Consecrate yourselves in preparation for tomorrow; for this is what the Lord, the God of Israel, says: There are devoted things among you, Israel. You cannot stand against your enemies until you remove them.'" - Joshua 7:10-13

Daily Prayers:

Day 1: Thank the Lord for how He has led you and for His victories over your enemies.

Day 2: Ask the Holy Spirit to reveal deception, idolatry, jealousy, or anything you may be harboring in your heart.

Day 3: Take time to be in God's presence. Thank Him for the grace of Jesus that allows you to pray with confidence.

Day 4: If you have been in a place of defeat, rise up! Receive God's forgiveness and move on to the next thing He has for you.

Day 5: Pray that your church will take seriously the need to repent of sin and live in holiness.

Day 6: Pray that your generation will resolve to live contrary to a culture that does not reflect holiness.

Day 7: Pray that our nation will turn from sin as people witness hearts of repentance and holiness among God's people.

Prayer for the Week:

Search me, God. You know my heart. Test me and my thoughts. Check to see if there is anything in me that is offensive to You. Reset my life and lead me in Your ways. Thank You for grace and forgiveness. Thank You for victory over the enemy. In Jesus' name, amen.

Prayer Points for Together 2016:

Hosting a million people on the Mall requires coordination with the National Park Service, massive sound systems, and accommodations for people throughout the day. Pray for safety and provision for everyone involved. Pray that Together 2016 will be fully paid for, and that our presence on the Mall will be a blessing to our nation.

Week Six June 5-11:

Even the Sun Stands Still

| Read Joshua 10 |

When five kings decided to join forces and attack Gibeon, Joshua marched with his entire army and best fighting men to take on all the kings' joint troops. The Lord told Joshua not to be afraid—and assured him of victory. God then caused the opposing armies to be thrown into confusion, and even added giant hailstones to overcome them. And in the midst of pursuing his enemies for final defeat, Joshua asked God for a supernatural miracle—that the sun would stand still until every opposing army could be overtaken. God stopped the entire movement of the universe in answer to Joshua's request!

The sun stopped in the middle of the sky and delayed going down about a full day. There has never been a day like it before or since, a day when the Lord listened to a human being. Surely the Lord was fighting for Israel! - Joshua 10:13-14

Daily Prayers:

Day 1: Pray for strength from Jesus to reject every lie and temptation that comes against you.

Day 2: Pray for assurance from Jesus that He is with you and helping you fight the battles you encounter each day. Thank Him for promising victory!

Day 3: Ask Jesus for a reset of your life, especially in areas where you struggle. Remember that any encounter with Jesus is always supernatural and powerful.

Day 4: Ask God to take you deeper into His life-changing Word—and invite Him to use His truths to transform your life.

Day 5: Pray that your church will be strengthened in prayer and victory in battles that threaten to destroy unity and vision.

Day 6: Pray for your generation to be reset to Jesus. The enemies of Christ may seek to destroy, but Jesus is more powerful!

Day 7: God did a miracle for Joshua and caused the sun to stand still. Ask Him to do a supernatural work again in resetting our nation to Jesus.

Prayer for the Week:

Lord Jesus, at times my prayers are weak and lack faith. I know You can do the supernatural and miraculous because everything in this universe was created by You and is held together by You. I pray for an increase in my faith to pray for the impossible—and then a renewed vision of You, Jesus—that You will show Yourself powerful on behalf of my generation and our nation!

Prayer Points for Together 2016:

Planning and preparing for a million people to be on the Mall on July 16 seems like an impossible assignment! Pray for the staff of Together and everyone who is volunteering and helping to make this day a reality. Pray that any obstacles will be torn down by God's miraculous power and that the day will run smoothly. Pray also for the weather! If God can make the sun to stand still, He can also give us perfect weather for the day. Let's ask Him!

Week Seven June 12-14:

Choose Whom You Will Serve

| Read Joshua 23-24 |

Joshua accomplished everything the Lord commanded him to do. Now Joshua knew his time on earth was ending, and so he called his leaders together and reminded them of God's faithfulness. "Every promise has been fulfilled," he said. "Not one of them has failed." Joshua recounted the many ways God miraculously intervened for them, delivered them from their enemies, and established them in the Promised Land. His final exhortation was that his leaders carefully choose whom they would serve in the days to come. As for Joshua, he and his household would honor his gracious God.

"...then choose for yourselves this day whom you will serve. ... But as for me and my household, we will serve the Lord." - Joshua 24:15

Daily Prayers:

Day 1: As you near the end of your 40 days of prayer and fasting, renew your commitment to serve God faithfully. Thank Him for the many ways He has blessed you and given you His favor.

Day 2: Pray that in the days to come—whether you prosper or struggle—you will always give praise and glory to God for keeping His promises.

Day 3: Pray that your family, church, generation, and even this nation will choose to serve the Lord.

Prayer for the Week:

Heavenly Father, You are a good God, a faithful God—and You keep Your promises. Please continue this preparation work in my life. I want to be holy, but I can't do it without Your help. Lord Jesus, I want my family and friends to know that I choose to serve You. Show me ways that I can be radical in my love for You. I want it to be clear to everyone that I am a Christ-follower and I believe that Jesus changes everything!

Prayer Points for Together 2016:

In a month, we will be on the Mall in Washington, D.C., praying for a generation-changing moment. If there is still a chance for you to get there, pray that God will make a way for you and for a million other people to come. Pray for safety in travel, for the day to be history-making, and for our nation to realize that Jesus is our only hope. Ask Jesus to reset your life and fill you with hope and vision for your future.

Together 2016 is the day when we lay down what divides us and lift up Jesus who unites us.

Authored by Carol Madison and Karen Anderson

IT'S TIME TO COME
TOGETHER

— AND —

PRAY

— FOR OUR —

GENERATION

WASHINGTON D.C. // 7.16.16 // FREE ADMISSION

RESET2016.COM